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1. Welcome

Thank you for using the Jabra Elite Sport. We hope you will enjoy it!

**Jabra Elite Sport features**

- Superior wireless sound & calls
- Comfortable and secure cord free fit with flexible wearing options
- Enjoy for up to 9 hours with the on-the-go charging case
- In-ear precision heart rate monitor and analyzer
- In ear audio coaching
- Sweat & weather proof with IP67 rating
- HearThrough to hear your surroundings
- Voice control to answer calls
2. Jabra Elite Sport overview

Jabra Elite Sport Earbuds

On-the-go charging case
2.1 Included accessories

Silicon Eargels

Foam tip Eargels

Earwings

Micro-USB cable

Replacement or additional accessories can be purchased online at jabra.com/accessories.
3. How to wear

The top of the EarWing should fit tight into the ridge of the ear.
3.1 Changing EarGels

For the optimal audio experience, try each of the different EarGel sizes. The fit should feel tight and secure in your ear.

3.2 Changing EarWings

For the most secure fit during your workout, and for accurate heart rate monitoring, try each of the different EarWing styles.

Remove the current EarWing and pull the new EarWing onto the earbud, as shown. You may have to stretch the EarWing into position.
4. How to charge

The Jabra Elite Sport offers up to 3 hours of playtime. With 2 full recharges in the charging case, you can enjoy a total of up to 9 hours of on-the-go battery.

4.1 Charging the earbuds

To recharge the earbuds, simply place them in the charging case and close the lid. The LEDs on the front of the charging case will flash red, yellow or green to indicate the earbuds current battery status.

It takes approx. 2 hours to fully recharge the earbuds. If the earbuds are at low battery, 20 minutes in the charging case equals up to 1 hour of playtime.
4.2 Charging the charging case

To power up the charging case, simply plug it into a USB power supply. It takes approx. 2 hours to fully power up.

The LED above the USB port will light up red when charging, and green when fully charged. It takes approx 3 hours to fully charge both the earbuds and the charging case together.
4.3 What the LEDs mean

- High battery
- Medium battery
- Low battery
- Pairing mode/connected
- Earbuds linked/unlinked
- Resetting

**EARBUD STATUS LED**
- High battery
- Medium battery
- Low battery
- Firmware updating

**CHARGING CASE LED**
- High battery
- Medium battery
- Low battery
5. How to connect

1. Press and hold the **Multi-function button** on the right earbud for 3 seconds until you hear the connection instructions. Release the button.
2. Follow the voice-guided connection instructions to connect to your smartphone.
3. You may need to press and hold the **Volume down** button for 3 seconds on the left earbud to turn it on (only necessary for first time use).
6. Jabra Sport Life app

The Jabra Sport Life app is a free app that enables you to:

- VO2 Max testing: gives an accurate measurement of your fitness level
- Race Time Predictor: accurately estimates your finish time
- Recovery Advisor: helps detect signs of over-training
7. How to use

7.1 Turn earbuds on/off

The earbuds are turned off/on whenever they are placed in the charging case, and the case is closed or opened.

The earbuds can also turned off/on individually by holding down the **Multi-function** button (right earbud), or the **Volume down** button (left earbud), until the LED flashes.
7.2 Single earbud use

The right earbud can be used individually for mono playback or calls. For volume and skip track controls, please use your connected smartphone.

When both earbuds are turned on and are within 25cm range, they will automatically relink.

7.3 Calls & music

<table>
<thead>
<tr>
<th>Right earbud</th>
<th>Calls &amp; music</th>
</tr>
</thead>
<tbody>
<tr>
<td>Play/pause music</td>
<td>Tap the <strong>Multi-function</strong> button</td>
</tr>
<tr>
<td>Answer/ end call</td>
<td>Tap the <strong>Multi-function</strong> button</td>
</tr>
<tr>
<td>Reject call</td>
<td>Double-tap the <strong>Multi-function</strong> button</td>
</tr>
<tr>
<td>Activate Siri/Google Now/ Cortana</td>
<td>Press (1 sec) the <strong>Multi-function</strong> button when not on a call.</td>
</tr>
</tbody>
</table>
### Calls & Music

<table>
<thead>
<tr>
<th>Left earbud</th>
<th>Calls &amp; Music</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adjust volume</td>
<td>Tap the <strong>Volume up</strong> or <strong>Volume down</strong> button</td>
</tr>
<tr>
<td>Skip track</td>
<td>Press and hold (2 secs) the <strong>Volume up</strong> or <strong>Volume down</strong> button</td>
</tr>
<tr>
<td>Battery status</td>
<td>Tap the <strong>Volume up</strong> or <strong>Volume down</strong> button when not on a call or listening to music</td>
</tr>
</tbody>
</table>

### 7.4 Sports button

When the earbuds are used with the Jabra Sport Life app (or your regular sport app) you can control your workout and listen to on-the-go workout updates using the **Sports** button.

<table>
<thead>
<tr>
<th>Right earbud</th>
<th>Before workout</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start Sport app</td>
<td>Tap the <strong>Sports</strong> button</td>
</tr>
<tr>
<td>Start workout</td>
<td>Press and hold (1 sec) the <strong>Sports</strong> button</td>
</tr>
</tbody>
</table>
### 7.5 HearThrough

HearThrough utilizes the in-built microphones to enable you to pay attention to your surroundings and engage in conversation without needing to remove the earbuds.

HearThrough settings can be configured using the Jabra Sport Life app.

<table>
<thead>
<tr>
<th>Right earbud</th>
<th>During workout</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pause/resume workout</td>
</tr>
<tr>
<td></td>
<td>Listen to On-the-go updates</td>
</tr>
<tr>
<td></td>
<td>Turn on/off the On-the-go updates</td>
</tr>
</tbody>
</table>

Note: Windy conditions may affect the quality of HearThrough.
7.6 Auto power off

When the right earbud is out of range or not connected to your smartphone for 15 mins, or has not been active for 1 hour, it will power itself off to save battery.

When the left earbud has not had a link with the right earbud for 15 mins, it will power itself off to save battery.

7.7 Multiple call handling

The earbuds can accept and handle multiple calls at the same time.

<table>
<thead>
<tr>
<th>Right earbud</th>
<th>Multiple call handling</th>
</tr>
</thead>
<tbody>
<tr>
<td>End current call and answer incoming call</td>
<td>Tap the Multi-function button</td>
</tr>
<tr>
<td>Put current call on hold and answer incoming call</td>
<td>Press and hold (2 secs) the Multi-function button</td>
</tr>
<tr>
<td>Switch between held call and active call</td>
<td>Press and hold (2 secs) the Multi-function button</td>
</tr>
<tr>
<td>Reject incoming call, when on a call</td>
<td>Double-tap the Multi-function button</td>
</tr>
</tbody>
</table>
7.8 Voice guidance and languages

Using the Jabra Sport Life app, the voice guidance can be turned on/off, and the language can be changed.

The following languages are available: English (US), French, German, Japanese, Chinese.

7.9 Update firmware

The Jabra Elite Sport firmware can be updated to the latest version using the Jabra Sport Life app.

7.10 How to reset

Resetting the earbuds clears the list of paired devices. After resetting, it is necessary to re-pair the earbuds to your smartphone.

<table>
<thead>
<tr>
<th>Right earbud</th>
<th>Reset</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Press and hold (5 secs) the <strong>Multi-function</strong> button and the <strong>Sports</strong> button until the LED flashes purple. Reset the pairing list</td>
</tr>
</tbody>
</table>
8. Support

8.1 FAQ

View the FAQs on Jabra.com/elitesport

8.2 How to care for your earbuds

• Always store the earbuds in the charging case and safely protected.
• Avoid storage at extreme temperatures (above 65°C/149°F or below -10°C/14°F). This can shorten battery life and may affect the earbuds.
## 9. Technical specifications

<table>
<thead>
<tr>
<th>Jabra Elite Sport</th>
<th>Specification</th>
</tr>
</thead>
</table>
| **Weight:**       | Earbuds 6.5g x2  
 |                   | Charging case 67g |
| **Dimensions:**   | Earbuds  
 |                   | L 27 x W 30 x H 22.5 mm  
 |                   | Charging case  
<p>|                   | L 72 x W 51 x H 26.5 mm |
| <strong>Microphones:</strong>  | 4 x MEMS |
| <strong>Speaker size:</strong> | 6.8 x 5.1mm |
| <strong>Operating range:</strong> | Up to 10m/33ft (phone dependent) |
| <strong>Bluetooth version:</strong> | 4.1 |
| <strong>Paired devices:</strong> | Up to 8, connected to one at a time. |
| <strong>Supported Bluetooth profiles:</strong> | A2DP (v1.2), Hands Free Profile (v1.6), Headset profile (v1.2), AVRCP (v1.5) |
| <strong>Talk/music time:</strong> | Up to 9 hours (up to 3 hours in the earbuds, and up to 6 hours in the charging case) |</p>
<table>
<thead>
<tr>
<th><strong>Jabra Elite Sport</strong></th>
<th><strong>Specification</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Charging time:</td>
<td>Approx. 2 hours for the earbuds</td>
</tr>
<tr>
<td></td>
<td>Approx. 3 hours for the earbuds and the charging case together</td>
</tr>
<tr>
<td>Standby time:</td>
<td>Up to 200 hours</td>
</tr>
<tr>
<td>Operating temperature:</td>
<td>-10°C to 55°C (14°F to 131°F)</td>
</tr>
<tr>
<td>Storage temperature:</td>
<td>-40°C to 65°C (-40°F to 149°F)</td>
</tr>
<tr>
<td>Reliability testing:</td>
<td>IP67 rated, drop, strength, dirt, temperature &amp; humidity tested</td>
</tr>
<tr>
<td>Materials:</td>
<td>Silicon Rubber, PARA (polyarylamide), PC/ABS, PC, PP, TPU, TPE-V, TPE-S</td>
</tr>
<tr>
<td>Pairing passkey or PIN:</td>
<td>0000</td>
</tr>
</tbody>
</table>